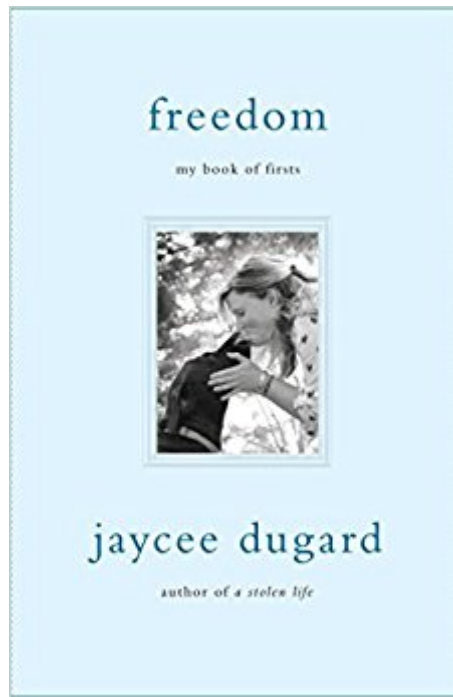


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# Freedom: My Book Of Firsts



## Synopsis

In the follow-up to her #1 bestselling memoir, *A Stolen Life*, Jaycee Dugard tells the story of her first experiences after years in captivity: the joys that accompanied her newfound freedom and the challenges of adjusting to life on her own. When Jaycee Dugard was eleven years old, she was abducted from a school bus stop within sight of her home in South Lake Tahoe, California. She was missing for more than eighteen years, held captive by Philip and Nancy Garrido, and gave birth to two daughters during her imprisonment. *A Stolen Life*, which sold nearly two million copies, told the story of Jaycee's life from her abduction in 1991 through her reappearance in 2009. *Freedom: My Book of Firsts* is about everything that happened next. "How do you rebuild a life?" Jaycee asks. In these pages, she describes the life she never thought she would live to see: from her first sight of her mother to her first time meeting her grownup sister, her first trip to the dentist to her daughters' first day of school, her first taste of champagne to her first hangover, her first time behind the wheel to her first speeding ticket, and her first dance at a friend's wedding to her first thoughts about the possibility of a future relationship. This raw and inspiring book will remind readers that there is, as Jaycee writes, "life after something tragic happens." Somehow, I still believe that we each hold the key to our own happiness and you have to grab it where you can in whatever form it might take.

## Book Information

Hardcover: 272 pages

Publisher: Simon & Schuster (July 12, 2016)

Language: English

ISBN-10: 1501147625

ISBN-13: 978-1501147623

Product Dimensions: 5.5 x 1 x 8.4 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (63 customer reviews)

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## Customer Reviews

Update: For those of you that have not yet purchased the book, I have one suggestion for you. You can purchase the book from Jaycee's Foundation (The JAYC Foundation). Autographed copies

appear to be available, plus, I have to imagine it would help the foundation help other families. I bought my copy too late, but there may be time for you.-----Original review: I read Jaycee's first book within a day. It was gripping and I could not put it down. I knew that I had to read her follow up memoir to see just how far she had come. It was clear from the first book that she is an exceptional woman, but WOW, this book really shows the resilience of the human spirit. In Jaycee's words, she no longer sees herself as a broken, ugly child. That, along with many other parts of the book brought tears, sometimes of joy, sometimes of sadness, to my eyes. I can not recommend this book enough and I am hoping there will be a third!!!

This book is a follow up to A Stolen Life, Jaycee Dugard's first book. It goes through her first experiences after her horrid captivity, and describes the life she never thought she would live to see. It is really a book of new experiences for someone who was deprived them by her abductor: from her first sight of her mother, trips to the dentist, school, speeding tickets, it touches on the many things we take for granted. The stories are heartfelt, funny, and heartbreaking. A true testament to survival after the most saddening of events. In all, it's a book that hits on the premise that, as Jaycee writes, "life after something tragic happens." Somehow, I still believe that we each hold the key to our own happiness and you have to grab it where you can in whatever form it might take. As another reviewer mentioned, her foundation is also selling the book, which is a great way to contribute to a worthy cause.

This is the follow up to Jaycee Dugard's first book, Stolen Life, about the 18 years she spent as the prisoner of a psycho. This book is about the 7 years since her rescue. It is a quick, easy, read and perhaps a little boring. But, if anyone is entitled to be living a boring life with her animals, friends, and family, it is this woman. I hope she turns the chapter regarding Stockholm Syndrome (why it isn't real) into an article. That was very insightful.

I have been following Jaycee's story since 2009. I bought and read her first book the day it was released and was very much looking forward to this one. I started to read it the day I got it, but didn't finish it until a few weeks later. This one was lacking something, and I think it was because it seemed very repetitive. I can't quite put my finger on it, but it seemed she spent more time talking about very mundane things, such as getting lost or getting sick, or taking care of horses. I would have loved to have read more about little things that she enjoyed doing, and more things she hoped to accomplish in her life, her thoughts, dreams, and things of that nature. It was an OK read, but not

as good or interesting as her first book.

I pre-ordered this book, in hopes it would be as good as the first. The first book, I could not put down. Her story was fascinating (and heartbreaking) at the same time. I cried and laughed a bit. This one, however, I can't pick back up. Every time I try to start reading it again, I become so bored, I just can't continue reading. If I had known it was written this way, I would not have purchased this. I will finish it eventually. I highly recommend her first book. But not this new one.

I loved Jaycee Lee Dugard's first book, "A Stolen Life." I could not put it down. So, it is with great disappointment that I could not recommend her second book, "Freedom." Simply put, her second effort reads like the diary of a young teenager. I am so pleased that Ms. Dugard has come so far in her life, but there is no reason that I need to continuously read about every single thing she has eaten on every single occasion in recent years. Likewise, I do not need to know the personality of her cats, dogs, horses, etc. While there were a few short passages that I did find interesting, especially those concerning her foundation work and her efforts to redefine Stockholm Syndrome, those few nuggets do not warrant a couple hundred pages of her favorite color, favorite food, etc.

Jaycee's follow-up to 'Stolen Life' is a must-read for all who read her first book. I was impressed with her resilience and accomplishments and the subtle insights she achieved in captivity and since. But her book editors failed her. In order to shield her family's privacy, she provides only meager clues about her relationships with her daughters and how they have coped, her mother and how they relate as two adults, her sister other than surface events, and other family. We learn more about her therapists and animals. A good editor would have helped her shape the narrative to share her decisions and daily concerns as a parent and daughter without revealing any identifying details. This omission is explained by saying that she wants her daughters to tell their own stories later as they wish. But we need Jaycee's adjustments and concerns as a parent--which we know are a big part of her life--to remind us that she is an adult. Watch the Diane Sawyer interview and go to her website. Buy the book, send love to Jaycee, and blame the editors.

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